



RACE WITH THE WIND

46 MILE MOUNTAIN/CROSS BIKE RACE

4th Annual Race-Sunday September 19, 2010

Hosted at:

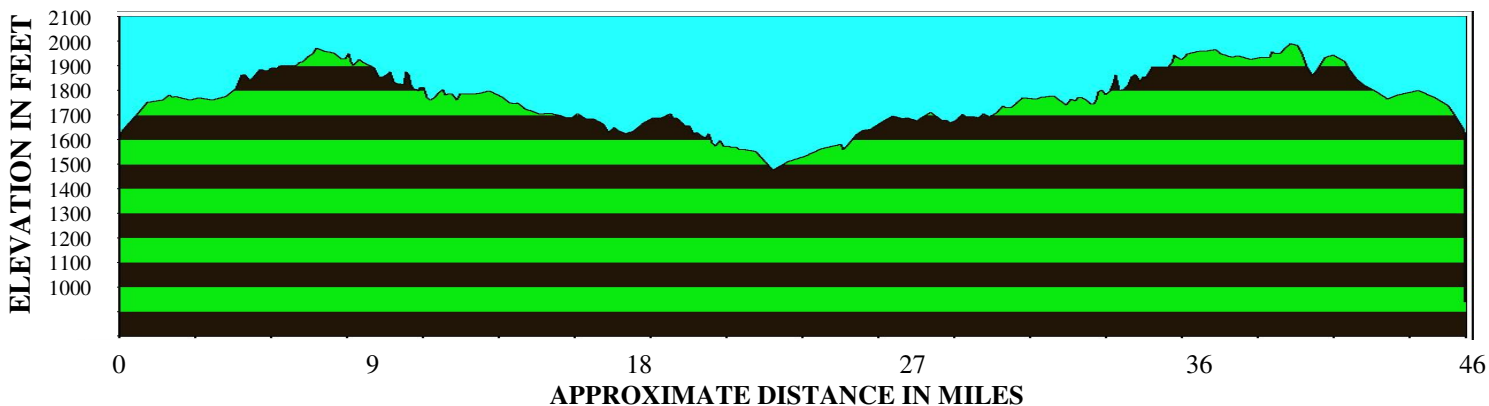


Maple Ridge
Wind Farm

THE LARGEST WIND FARM EAST OF THE MISSISSIPPI

SUNDAY, SEPTEMBER 19, 2010

Race With the Wind 46 Mile Course Description:



The Race With the Wind course starts at the Maple Ridge Wind Farm's Visitor's Center in the midst of giant wind turbines towering over the rugged terrain on a paved surface for 0.5 miles, where it then changes to a wide gravel town road. At about 4 miles you turn off the gravel road onto a narrow dirt road with wet spots, rocks and rough sections for the next 3 miles. You then turn onto Flat Rock Road, kind of an oxymoron because there are very few flat rocks on this road. This road has pot holes (some large), many loose rocks, gravel, and stones sticking up out of the road surface, looking to give you a flat tire. (We've had flat tires every year on this course). For the next 5 miles it is more of the same, rough to smooth sections of roads, dirt, gravel and boney terrain. Then it's on to a smooth wide road-oil and stone for a mile of uphill, then back to the narrow dirt, gravel, boney Tug Hill terrain. 4 1/2 miles of this, and you hit pavement for 0.2 miles and then its onto a NYS DEC Truck Trail that is smooth and graveled. Then onto another DEC Truck Trail that is not so smooth, back to the big rocks, dirt, potholes, wet holes, and boney terrain for 2.5 miles. You then turn onto a smooth town road for a mile, and onto the longest paved portion of the race for 2.4 miles, then back at it again, dirt to gravel, loose rocks, big cobbles, wet and dry, boney terrain. You continue this way until you make your way back into the Wind Farm where you finish up on the wider smoother town roads, and end the race where you started on the half mile of pavement to the Visitor Center.

Last year many Cross bikes got flat tires. This is not an easy course! It is rugged, varied terrain, with ups and downs throughout the course. Cross bikes be prepared. Use your heavy off road tubes and tires. There are sections where you have a definite advantage. But this race is a race of Character, Tug Hill Character. 300" of winter snow Character. A short farming season, with rocky uncooperative soil character. Enough character to embrace the largest wind farm east of the Mississippi Character. 40 mile per hour windburn on your face Character.

Prepare yourself and come *Race With the Wind!*